



A therapeutical concept based on neurophysiology

A summary of the concept

Day-to day-orientation

Bobath therapists help to do day-to-day activities in a more effective way with lower muscle activity. They promote communication, food intake, dressing, mobility and personal hygiene.

Individual activity

Bobath therapists use the patients` activity and help to develop it. The patient is the centre of the therapeutic process.

Indivduality

Every patient has an individual and special way of learning new movements for day-to-day activities.

Bobath therapists, together with the patients, try to develop new strategies for learning and for training.

Teamwork

Bobath therapists create and develop a network of patients, professionals and family members. All parts of the network promote and work together with the patients.

Personal aims

Bobath therapists consider the personal aims and needs of the patients and those of their families

Valuable dialog

The valuable dialog with the patients and their families is the base of every therapeutic measure.

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