

## Dear Colleagues,

We would like to inform you about the following publication which was released in December 2014. We would appreciate it very much if you could forward this information to Bobath Tutors and to students on Bobath courses who are able to read literature in the German language.

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*Vice President of EBTA*

Gisela Ritter, Alfons Welling,  
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unter Mitarbeit von Helga Tremel-Sieder:

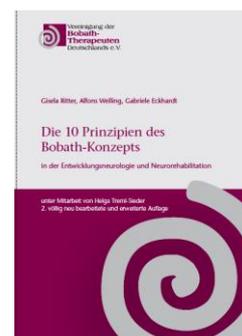
**Die 10 Prinzipien des Bobath-Konzepts in der  
Entwicklungsneurologie und Neurorehabilitation**  
(The 10 principles of the bobath-concept  
in developmental neurology and neurological rehabilitation)

228 pages

2nd completely revised and expanded edition

Editor: Vereinigung der Bobath-Therapeuten Deutschlands e.V.

Castrop-Rauxel, December 2014



## Content

This book addresses the question of what guiding principles are predominant in working with the Bobath Concept. The discussion takes a historical and an up-to-date view, interprets it from the point of view of a “theory of action” and puts it into 10 principles. From this Bobath therapists can justify their actions in their therapy.

Key questions at the end of each chapter offer the opportunity to the therapist to review their own best practice in reference to the principles presented. Thus one gains a better rationale of internal evidence (clinical reasoning) as requested by the current framework of professionalization of health related careers.

This book can give important answers and suggestions to the core question “What does a therapist think and on what basis does he/she decide?” helping also to reflect on one’s own professional actions. It points out in a clear and structured way the basics of a "theory of action" that enables therapists to understand patients in a holistic (bio-psycho-social) way and – together with the patient - to stimulate and manage the individual learning process and let it happen accordingly. It focuses on the thinking process of the therapist and not on his/her technical skills. This concerns both the therapy with children and the therapy with adults.

New ideas have been added with the inclusion of the transfer of the 10 identified Bobath principles to the neurological rehabilitation of adults. It is pointed out that the action-theoretical interpretation constitutes an appropriate basis for the treatment of patients of all ages.

It’s a book that is worthwhile reading for everyone working with or interested in the Bobath Concept.

You can get a short extract in German at: [publikationen@bobath-vereinigung.de](mailto:publikationen@bobath-vereinigung.de)

You can order the book for 20 € plus shipping at: [sekretariat@bobath-vereinigung.de](mailto:sekretariat@bobath-vereinigung.de)